"The clock of life is wound but once, And no man has the power To tell just when the hands will stop At late or early hour. Now is the only time you own. Live, love, toil with a will. Place no faith in time. For the clock may soon be still." — Robert H. Smith "Dost thou love life? Then do not squander time, for that's the stuff life is made of." — Benjamin Franklin "Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma — which is living with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary." — Steve Jobs "Nothing lasts forever — not even your troubles." — Arnold H. Glasgow "Remember that time is money." — Benjamin Franklin (Advice to a Young Tradesman) "Time and tide wait for no man. A pompous and self-satisfied proverb, and was true for a billion years; but in our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide." — Mark Twain "No time like the present." — Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? — Paul Bowles	"The first hour of the morning is the rudder of the day." — Henry Ward Beecher
 — Benjamin Franklin "Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma – which is living with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary." — Steve Jobs "Nothing lasts forever – not even your troubles." — Arnold H. Glasgow "Remember that time is money." — Benjamin Franklin (Advice to a Young Tradesman) "Time and tide wait for no man. A pompous and self-satisfied proverb, and was true for a billion years; but in our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide." — Mark Twain "No time like the present." — Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless." 	early hour. Now is the only time you own. Live, love, toil with a will. Place no faith in time. For the clock may soon be still."
with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary." — Steve Jobs "Nothing lasts forever – not even your troubles." — Arnold H. Glasgow "Remember that time is money." — Benjamin Franklin (Advice to a Young Tradesman) "Time and tide wait for no man. A pompous and self-satisfied proverb, and was true for a billion years; but in our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide." — Mark Twain "No time like the present." — Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless."	<u>*</u>
 — Arnold H. Glasgow "Remember that time is money." — Benjamin Franklin (Advice to a Young Tradesman) "Time and tide wait for no man. A pompous and self-satisfied proverb, and was true for a billion years; but in our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide." — Mark Twain "No time like the present." — Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless." 	with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary."
 — Benjamin Franklin (Advice to a Young Tradesman) "Time and tide wait for no man. A pompous and self-satisfied proverb, and was true for a billion years; but in our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide." — Mark Twain "No time like the present." — Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless." 	
our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide." — Mark Twain "No time like the present." — Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless."	
— Mrs. Manley " we get to think of life as an inexhaustible well. Yet everything happens only a certain number of times, and a very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless."	our day of electric wires and water-ballast we turn it around: Man waits not for time nor tide."
very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless."	
	very small number, really. How many more times will you remember a certain afternoon of your childhood, some afternoon that's so deeply a part of your being that you can't even conceive of your life without it? Perhaps four or five times more. Perhaps not even that. How many more times will you watch the full moon rise? Perhaps twenty. And yet it all seems limitless."

"Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you." — Carl Sandburg "Regret for wasted time is more wasted time." - Mason Cooley "Half our life is spent trying to find something to do with the time we have rushed through life trying to save." — Will Rogers "The great French Marshall Lyautey once asked his gardener to plant a tree. The gardener objected that the tree was slow growing and would not reach maturity for 100 years. The Marshall replied, 'In that case, there is no time to lose; plant it this afternoon!" — John F. Kennedy "We must use time as a tool, not as a crutch." — John F. Kennedy "A single day is enough to make us a little larger." — Paul Klee "The whole life of man is but a point of time; let us enjoy it." - Plutarch "Doing a thing well is often a waste of time." - Robert Byrne "Time is the most valuable thing a man can spend." — Theophrastus "They always say time changes things, but you actually have to change them yourself." - Andy Warhol "Employ thy time well, if thou meanest to get leisure." — Benjamin Franklin

These words of wisdom were compiled with sincere gratitude by Christoph Dollis. If your copy gets "dog-eared", another one is available for free download at ChristophDollis.com — The place to come for more appointments, more people in the door, and more sales!SM, on page 2. To be and feel on top of your time... lowering your level of overwhelm and "bad" stress, I urge you to read *Getting Things Done: The Art of Stress-Free Productivity* by David Allen. You can order it from my website — also on page 2 in the left column — or get it through your bookstore.

"You may delay, but time will not." — Benjamin Franklin
"You will never find time for anything. If you want time, you must make it." — Charles Bixton
"Time and tide wait for no man." — Geoffrey Chaucer
"A day may sink or save a realm." — Lord Alfred Tennyson
"If you want to make good use of your time, you've got to know what's most important and then give it all you've got." — Lee Iacocca
"One of the illusions of life is that the present hour is not the critical, decisive hour. Write it on your heart that every day is the best day in the year. No man has learned anything rightly, until he knows that every day is Doomsday." — Ralph Waldo Emerson
"This time, like all times, is a very good one, if we but know what to do with it." — Ralph Waldo Emerson
"So much of our time is spent in preparation, so much in routine, and so much in retrospect, that the amount of each person's genius is confined to a very few hours." — Ralph Waldo Emerson
"Misspending a man's time is a kind of self-homicide." — Edward F. Halifax
"The idea is to make decisions and act on them – to decide what is important to accomplish, to decide how something can best be accomplished, to find time to work at it and to get it done." — Karen Kakascik

These words of wisdom were compiled with sincere gratitude by Christoph Dollis. If your copy gets "dog-eared", another one is available for free download at ChristophDollis.com – The place to come for more appointments, more people in the door, and more sales!SM, on page 2. To be and feel on top of your time... lowering your level of overwhelm and "bad" stress, I urge you to read *Getting Things Done: The Art of Stress-Free Productivity* by David Allen. You can order it from my website – also on page 2 in the left column – or get it through your bookstore.

"Time = Life. Therefore, waste your time and waste of your life, or master your time and master your life." — Alan Lakein
"Don't watch the clock; do what it does. Keep going." — Samuel Levenson
"In truth, people can generally make time for what they choose to do; it is not really the time but the will that is lacking." — Sir John Lubbock
"It's how we spend our time here and now, that really matters. If you are fed up with the way you have come to interact with time, change it." — Marcia Wieder
"When we are doing what we love, we don't care about time. For at least at that moment, time doesn't exist and we are truly free." — Marcia Wieder
"Time is not measured by the passing of years, but by what one does, what one feels and what one achieves." — Jawaharlal Nehru
"Neither can the wave that has passed by be recalled, nor the hour which has passed return again." — Ovid
"Well arranged time is the surest mark of a well arranged mind." — Isaac Pitman
"Why kill time when one can employ it." — French Proverb
"Time is at once the most valuable and the most perishable of all our possessions." — John Randolph

These words of wisdom were compiled with sincere gratitude by Christoph Dollis. If your copy gets "dog-eared", another one is available for free download at ChristophDollis.com — The place to come for more appointments, more people in the door, and more sales!SM, on page 2. To be and feel on top of your time... lowering your level of overwhelm and "bad" stress, I urge you to read *Getting Things Done: The Art of Stress-Free Productivity* by David Allen. You can order it from my website — also on page 2 in the left column — or get it through your bookstore.

"Don't be fooled by the calendar. There are only as many days in the year as you make use of. One man gets only a week's value out of a year while another man gets a full year's value out of a week." — Charles Richards "Time is the school in which we learn, time is the fire in which we burn." — Delmore Schwartz "The greatest loss of time is delay and expectation, which depend upon the future. We let go the present, which we have in our power, and look forward to that which depends upon chance, and so relinquish a certainty for an uncertainty." - Seneca "Wasted time means wasted lives." - R. Shannon "When the time is right, you just got to do it." — Jack Simplot "Everything in this life takes longer than you think except life itself." — Anon. "Every morning you are handed 24 golden hours. They are one of the few things in this world that you get free of charge. If you had all the money in the world, you couldn't buy an extra hour. What will you do with this priceless treasure? Remember, you must use it, as it is given only once. Once wasted you cannot get it back." — Anon. "To save time is to lengthen life." — Anon. "You love what you find time to do." — Anon. "Time is the most precious element of human existence. The successful person knows how to put energy into time and how to draw success from time." — Denis Waitley

These words of wisdom were compiled with sincere gratitude by Christoph Dollis. If your copy gets "dog-eared", another one is available for free download at <u>ChristophDollis.com</u> – The place to come for more appointments, more people in the door, and more sales!SM, on page 2. To be and feel on top of your time... lowering your level of overwhelm and "bad" stress, I urge you to read *Getting Things Done: The Art of Stress-Free Productivity* by David Allen. You can order it from my website – also on page 2 in the left column – or get it through your bookstore.

"What comes first, the compass or the clock? Before one can truly manage time (the clock), it is important to know where you are going, what your priorities and goals are, in which direction you are headed (the compass) Where you are headed is more important than how fast you are going. Rather than always focusing on what's urgent, learn to focus on what is really important." — Anon.
"You are not born for fame if you don't know the value of time." — Marquis De Vauvenargues
"Time invested in improving ourselves cuts down on time wasted in disapproving of others." — Anon.
"People who cannot find time for recreation are obliged sooner or later to find time for illness." — John Wanamaker
"Time I have only just a minute. Only sixty seconds in it. Forced upon me, can't refuse it. Didn't seek it, didn't choose it. But it's up to me to use it. I must suffer if I lose it. Give account if I abuse it, Just a tiny little minute but eternity is in it." — Christine Warren
"All the world's a stage, And all the men and women merely players. They have their exits and entrances – and one man in his time plays many parts." — William Shakespeare
" 'What is the best use of my time right now?' " — Time Management Expert, Alan Lakein